



American Expression E2177 Discretion is the greater part of valour

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"Discretion is the greater part of valor" is a proverbial expression that highlights the importance of careful consideration and strategic decision-making in the face of danger or adversity. It suggests that exercising caution, restraint, and discernment often outweighs the impulsive or reckless pursuit of bravery or heroism. The origin of this phrase can be traced back to William Shakespeare's play "Henry IV, Part 1," where the character Falstaff famously declares, "The better part of valour is discretion." However, variations of this sentiment have been expressed throughout history and across cultures, underscoring its enduring relevance in navigating challenging situations.

At its core, "discretion is the greater part of valor" acknowledges that bravery alone is not always sufficient to overcome obstacles or achieve success. While acts of courage and daring may be commendable, they are most effective when tempered by wisdom, foresight, and prudence. In times of conflict, crisis, or danger, individuals who exercise discretion demonstrate an ability to assess risks, evaluate potential outcomes, and make informed decisions about how to proceed. Rather than rushing headlong into battle or confrontation, they carefully weigh their options and consider the potential consequences of their actions.

This emphasis on discretion over valor does not diminish the importance of bravery or courage; rather, it recognizes that true valor lies in knowing when to act and when to exercise restraint. It requires a willingness to prioritize long-term goals and objectives over immediate gratification or bravado, even in the face of pressure or adversity. In military contexts, the principle of discretion as the greater part of valor is often reflected in strategic planning, tactical decision-making, and rules of engagement. Military leaders must weigh the risks and benefits of various courses of action, considering factors such as troop strength, enemy capabilities, and the broader strategic context before committing to a course of action.

Outside of the battlefield, the principle of discretion as the greater part of valor applies to a wide range of situations, from personal relationships and professional settings to everyday encounters and decision-making. In contentious or emotionally charged situations, individuals who exercise discretion demonstrate emotional intelligence, self-control, and empathy, defusing tensions and promoting constructive dialogue.

Moreover, discretion as the greater part of valor can also apply to matters of personal safety and self-preservation. Knowing when to retreat, avoid confrontation, or seek assistance can be just as important as bravely facing danger head-on. In some cases, discretion may even be the key to survival, allowing individuals to escape harm or avoid unnecessary risks.

In conclusion, "discretion is the greater part of valor" underscores the importance of careful consideration and strategic decision-making in the face of danger or adversity. It recognizes that true valor lies not only in acts of bravery or courage but also in exercising wisdom, foresight, and prudence. By prioritizing discretion over impulsivity, individuals can navigate challenging situations with greater effectiveness, resilience, and integrity.

#### Questions for Discussion

1. How does the proverb "discretion is the greater part of valor" challenge traditional notions of bravery and heroism, particularly in the context of military strategy and personal decision-making? Can you provide examples from history or literature where discretion has played a crucial role in achieving success or averting disaster?
2. In what ways does the principle of discretion as the greater part of valor apply to everyday life, including personal relationships, professional settings, and ethical dilemmas? How can individuals cultivate the ability to exercise discretion effectively in various situations?
3. Can you share instances where individuals or leaders have struggled to balance the need for discretion with the desire to demonstrate courage or assertiveness? What lessons can be gleaned from these examples about the importance of thoughtful decision-making and strategic foresight?
4. How does the concept of discretion as the greater part of valor intersect with other values such as integrity, humility, and empathy? How can individuals embody these principles while navigating challenging situations or conflicts?
5. Are there cultural or societal factors that influence perceptions of discretion and valor, particularly across different historical periods or geographical regions? How do cultural norms and expectations shape our understanding of when to exercise caution and when to take decisive action?